

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 6 (Warmup 3.00 - 4.00)

Event 204 Men 14-15 200 LC Meter Backstroke

Name			AgeTeam		Finals Time	
Finals						
1	Thomas, Iolo		15	Neath		2:15.87
	31.04	34.47		35.71	34.65	
2	Fletcher, Miles		15	Co Cardiff		2:19.95
	32.55	35.47		36.36	35.57	
3	Davies, Brynley		15	Co Newport		2:20.70
	33.04	36.78		35.74	35.14	
4	Deacon, Cameron		15	Co Cardiff		2:23.16
	32.63	36.20		37.16	37.17	
5	Shiland-Griffiths, Enzo		15	NofioGwynedd		2:27.43
	34.01	37.59		38.55	37.28	
6	Harwood, Jack		14	Pembs Cty		2:27.50
	34.06	37.35		38.62	37.47	
7	Gwynfil, Solomon		15	Co Cardiff		2:27.87
	34.84	37.78		38.07	37.18	
8	Elmes, Max		14	Nofio S Gar		2:27.93
	33.46	37.92		38.83	37.72	

Event 204 Men 16-17 200 LC Meter Backstroke

Name			Age Team		Finals Time	
Finals						
1	McCarthy, Benedict		16	Co Cardiff	2:11.32	
	30.93	33.67		33.45 33.27		
2	West, Dexter		16	Pembs Cty	2:12.81	
	31.49	34.37		33.85 33.10		
3	Mills, Ioan		16	Torfaen D	2:16.83	
	31.66	34.32		35.38 35.47		
4	Rixon, Oliver		17	Co Newport	2:17.77	
	31.74	34.76		36.14 35.13		
5	Davies, Iwan		17	Co Cardiff	2:17.89	
	31.78	35.15		35.86 35.10		
6	Montague, Mason		17	Pembs Cty	2:24.81	
	32.33	36.42		38.04 38.02		
7	Leatherbarrow, Jack		17	Wrexham	2:25.29	
	32.66	36.34		38.83 37.46		
8	Wren, James		17	Cambrian AA	2:30.52	
	33.35	38.19		39.50 39.48		

Event 204 Men 18 & Over 200 LC Meter Backstroke

Name		AgeTeam		Finals Time	
Finals					
1	Barlow, Oscar	20	Swansea Uni	2:04.40	
	27.83	31.31	32.48	32.78	
2	Nikolaou, Antonio	22	Swansea Uni	2:06.22	
	28.72	31.84	32.10	33.56	
3	Staines, Luca	21	Swansea Uni	2:09.07	
	29.78	32.47	33.56	33.26	
4	Gore, Andrew	20	Co Cardiff	2:18.29	
	30.92	34.36	36.95	36.06	